

Newsletter 1 – Summer 2021

BOOST is a new Erasmus+ project that focuses on fostering global competence development among vulnerable women in order to advance their social inclusion and career paths.

The BOOST project is being developed by a team of specialist and dedicated organisations from Portugal, Spain, Belgium, Italy, Greece, Poland, Ireland, and Turkey from September 2020 until August 2022.



Why Global Competence is important?

Global competence can be defined as the capacity and disposition to understand and act on issues of global significance.

The word “global” refers not just to different places on the planet, but to the great variety of interconnected people, cultures, ideas, problems, and opportunities that constitute all human experience nowadays.

An important part of facilitating global competencies is helping women to make connections between local issues within a community and broader global issues and themes.

Global competence can help women:

- develop cultural awareness and respectful interactions in increasingly diverse societies;
- recognise and challenge cultural biases and stereotypes, and facilitate harmonious living in multicultural communities;
- prepare for the world of work, which increasingly demands women who are effective communicators, are open to people from different cultural backgrounds, can build trust in diverse teams and can demonstrate respect for others.

THE BOOST MOOC

Over the past 6 months the project partners have been working collaboratively to create a series of MOOCs for both female learners and professionals to support the development of global competence.

Each MOOC is a self-contained modular learning resource with the following elements:

- Learning Outcomes
- A real-life Case Study
- Explanatory Notes
- Practical Tips
- Quiz
- Competency Check

All ten MOOCs have been peer-reviewed and validated and will be published on the BOOST e-learning platform in September 2021 and will be available as open-source educational resources for download and free use.

To keep in touch with the project and to have access to our developed resources, please follow us on Facebook:

<https://www.facebook.com/BOOST-106067664670734/>



Coaching for Success – the BOOST Team at work

BOOST COACHING PROGRAMME: resources

- 1) Coaching scheme:** present the four level coaching model – Personal, Interpersonal, Cultural and Global – and provide step-by-step guidance and recommendations
- 2) Coaching toolbox:** set of practical didactic tools and effective strategies to assist professionals - coaching tools for each level, short handouts, coaching vignettes, practical tips, dos and don'ts, examples of coaching scheme aids

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“Global Competence is a 21st century skill that all people should have and will need for today and tomorrow!”

In May 2021, we held our second transnational partner meeting online and kick-started work on the development of a new coaching programme for professionals.

Lead by Mindshift (Portugal) with support from Future in Perspective (Ireland) and using the OECD PISA global competence framework, we will work together to devise a bespoke programme to equip professionals (such as trainers, career counsellors, social workers, intercultural mediators) in providing coaching support to vulnerable women in advancing their social inclusion and career path, by using global competence to cope with challenges they face every day.

The programme will include two resources to support to implement the BOOST coaching cycles:

Coaching scheme: introducing the four-level of coaching model:

- 1) Personal
 - 2) Interpersonal
 - 3) Cultural
 - 4) Global
- and provide a step-by-step guidance and recommendations

Coaching toolbox: including practical didactic tools and effective strategies to assist professionals in providing quality coaching and mentoring to vulnerable women. Bringing innovation to both project target groups.

The BOOST Project is brought to you by the following partner organisations:

