



Shaping the lives of women through the development of global competences – exciting new project, BOOST takes on this challenge!

Global transformation is a constant in our lives, as emerging economic, digital, cultural, environmental forces, and global diseases (such as Covid-19) shape our lives and increase intercultural encounters. To cope with this complex environment, it is urgent to foster global competence and equip all, not only the adults of tomorrow, but also the adults of today, with the necessary know-how and tools to use global competence.

Twenty-first century citizens live in an interconnected, diverse, and rapidly changing world. The result of globalisation has made us have to work, educate ourselves, interact and share with others, from diverse backgrounds and cultures. In the globalised world of today, improving our understanding of beliefs, cultures, customs, languages, religions, and visions different from ours, is essential.

In today's world, it is important that we all have the ability to become globally competent citizens. However, this opportunity is also influenced by a wavering notion of (in-)equality. This is why it is important, now more than ever to offer support and assistance to vulnerable women across Europe. The BOOST project looks to address this and provide opportunities to shape the lives of women so that they can continue to grow and develop to their full potential.

Speaking at the launch of the Project, Ms. Guadalupe Murillo, Manager with Solidaridad Sin Fronteras who are leading the project, stated that "BOOST looks to empower and motivate women to develop their full potential and generate a concrete impact through an effective and self-sustainable training programme. It is an exciting and far-reaching initiative that could have significant opportunities for transfer right across Europe."

Therefore, the BOOST project will provide tailored training programmes for women through the BOOST MOOC (Massive Open Online Course) and promote a comprehensive approach to global competence with tailored coaching tools for professionals working in this field, such as trainers, career counsellors, and intercultural mediators. All of the resources and materials will be freely available for widespread use across Europe in Spring 2022.

Notes to the Editor:

BOOST is a new project, funded under the European Union's Erasmus+ programme that focuses on fostering global competence development among vulnerable women in order to advance their social inclusion and career paths.

BOOST will be developed by a team of organisations from Portugal, Belgium, Italy, Greece, Poland, Ireland, and Turkey from September 2020 until August 2022. For more information on the BOOST project, please visit the project website at:

Press Release prepared by Future in Perspective, Ireland on behalf of the Project Consortium. For more information on the project, please contact the local project partner.